

MOUNTAIN GARDENS
2017 BARE ROOT PLANT SALES
WWW.MOUNTAINGARDENSHERBS.COM

Here is our expanded list of bare root plants available for 2017. Prices are \$3-\$5 as indicated. Note that some are only available in spring or summer, as indicated; otherwise they are available all seasons. X=seed is available

We dig the plants when we receive your order, and ship early in the week by Priority Mail. For most orders, except very large or very small, we use flat rate boxes @\$25 per shipment. Some species will sell out – please list substitutes, or we will refund via Paypal or a check.

**TO ORDER, email name/number of plants wanted & your address
to mgbareroots@gmail.com**

Payment: Through [Paypal](#), using mgbareroots@gmail.com. If you prefer, you can mail your order with a check (made out to ‘Joe Hollis’) to 546 Shuford Cr. Rd., Burnsville, NC 28714. Or you can pick up your plants at the nursery (but please send your order and payment with requested pick-up date a week in advance).

* **Shipping & handling:** 25\$ flat rate on all but very small or very large orders – will verify via email.

MOUNTAIN GARDENS FULL PLANT LIST 2017

<u>LATIN NAME</u>	<u>COMMON NAME</u>	<u>SEED</u>	<u>BARE ROOT</u>	<u>USE/CATEGORY</u> <u>Edible, Medicinal, etc.</u>
Achillea millefolium	Yarrow		\$3	Medicinal
Achyranthes bidentata	Ox knee, <i>huai niu xi</i>		3	Chinese Medicinal
Aconitum napellus	Monkshood, Chinese, <i>fu zi</i>			ChinMed, Ornamental
Acorus calamus	Calamus, sweet flag		3	Med
Acorus gramineus	<i>shi chang pu</i>		3	ChinMed
Actaea racemosa	Black Cohosh	X	3	Native Med
Aegopodium podagraria	Goutweed, ground elder		3	Edible, Med
Agrimonia eupatorium	Agrimony	X		Med
Agrimonia pilosa	Agrimony, <i>xian he cao</i>		3	ChinMed
Akebia quinata	Akebia, <i>mutong</i>		3	ChinMed, Ed
Aletris farinosa	Unicorn root	X		Native Med
Alisma plantago-aquatica	<i>ze xie</i>	X		ChinMed
Alliaria petiolata	Garlic mustard		3 spring	Ed
Allium tricoccum	Ramps	X	3	NativeEd
Allium tuberosum	Chives, Chinese, <i>jiu cai zi</i>	X	3	Ed, ChinMed: Tonic
Althaea officinalis	Marshmallow	X		Med
Amphicarpea bracteata	Hog Peanut, Ground Bean		3	Native Ed
Anemarrhena asphodelioides	Anemarrhena, <i>zhi mu</i>	X	3	ChinMed
Angelica dahurica	Angelica, <i>bai zhi</i>	X	3 spring	ChinMed
Angelica pubescens	Angelica, <i>du huo</i>	X	3 spring	ChinMed, Orn
Angelica sinensis	Angelica <i>dang gui</i>	X	3	ChinMed Tonic
Anthoxanthum odoratum	Sweet grass, vernal		3	Fragrance
Anthriscus sylvestris	Chervil, perennial		3	Ed
Apios americana	Ground nut, American		3	Native Ed

<i>Apios priceana</i>	Price's groundnut			Native Ed, Orn
<i>Aplectrum hiemale</i>	Adam & eve orchid			Native Orn
<i>Aquilegia canadensis</i>	Columbine, native			Native Orn
<i>Aralia cordata</i>	Udo		3	Ed, Orn
<i>Aralia racemosa</i>	Spikenard	X		NativeMed, Orn
<i>Arctium lappa</i>	Burdock, Chinese, <i>niu bang zi</i>	X	3 spring	ChinMed, Ed
<i>Arisaema triphyllum</i>	Jack-in-the-pulpit	X		Native wildflower
<i>Aristolochia macrophylla</i>	Pipe vine			NativeMed, Orn
<i>Artemisia absinthium</i>	Wormwood			Med, (absinthe)
<i>Artemisia annua</i>	Sweet Annie, qing hao	X	3	ChinMed
<i>Artemisia princeps</i>	Mugwort, Chinese, <i>ai ye</i>		3	ChinMed
<i>Artemisia vulgaris</i>	Mugwort		3	Med
<i>Asarum canadense</i>	Ginger, wild		3	NativeMed, Ed
<i>Asclepias tuberosa</i>	Pleurisy root, butterfly weed	X		NativeMed, Orn
<i>Asparagus cochinchinensis</i>	<i>Tian men dong</i>		3	ChineseMed: tonic
<i>Aster tataricus</i>	Aster, <i>zi wan</i>	X	3	ChinMed
<i>Astragalus membranaceus</i>	<i>Astragalus huang qi</i>	X	3	ChinMed: Tonic
<i>Bacopa monnieri</i>	Brahmi			Med
<i>Baptisia tinctoria</i>	Wild indigo	X		NativeMed
<i>Begonia grandis</i>	Begonia, hardy		3	ChinMed, Orn
<i>Belamcanda chinensis</i>	Blackberry lily, <i>she gan</i>	X	3	ChinMed, Orn
<i>Boehmeria platanifolia</i>	Jute, China		3	Fiber, Orn
<i>Bunias orientalis</i>	Turkish rocket	X	3	Ed
<i>Bupleurum chinensis</i>	<i>Bupleurum, chai hu</i>			ChinMed, Orn
<i>Campanulastrum americanum</i>	Tall Bellflower	X		Ed, native wildflower
<i>Cardamine diphylla</i>	Crinkle root, American wasabi		3 spring	Native Ed
<i>Caulophyllum thalictroides</i>	Blue cohosh	X	3	NativeMed
<i>Centella asiatica</i>	<i>Ji xue cao</i> , gotu kola		3	ChineseMed
<i>Chamaelirium luteum</i>	False unicorn root	X	4	NativeMed, Orn
<i>Chelidonium majus</i>	Celandine poppy		3	Med, Orn
<i>Chelone glabra</i>	Turtlehead, balmony			Native Med
<i>Chelone lyonii</i>	Turtlehead, pink			Native orn.
<i>Chenopodium ambrosioides</i>	Epazote, wormseed	X		Ed, Med
<i>Chenopodium bonus-henricus</i>	Good king henry			Ed
<i>Chenopodium giganteum</i>	Lambsquarters, magenta	X	3 spring	Ed
<i>Chrysanthemum cinerarifolium</i>	Pyrethrum			Insecticide, Orn
<i>Chrysanthemum indicum</i>	<i>ye ju hua</i>		3	Chin med, Orn
<i>Chrysanthemum leucanthemum</i>	ox-eye daisy		3	Ed, Orn
<i>Chrysanthemum morifolium</i>	Chrysanthemum (yellow), <i>ju hua</i>		3	ChinMed, Orn
<i>Chrysanthemum morifolium</i>	Chrysanthemum (white), <i>ju hua</i>		3	ChineseMed, Orn
<i>Claytonia</i> sp.	Spring Beauty			Native Ed, Orn
<i>Clerodendron trichotomum</i>	<i>chou wu tong</i>	X		ChineseMed, Orn
<i>Cnidium monnieri</i>	<i>She chuang zi</i>	X	3	ChineseMed
<i>Codonopsis pilosula</i>	<i>Codonopsis dang shen</i>	X		ChinMed: Tonic, Ed
<i>Collinsonia canadensis</i>	Stoneroot, wild citronella		3	NativeMed

<i>Commelina communis</i>	Day Flower			Ed, Orn ChinMed
<i>Convallaria majalis</i>	Lily of the Valley		\$3	Orn, Med
<i>Cornus officinalis</i>	<i>Shan zhu yu</i>	X		ChinMed
<i>Crataegus pinnatifida</i>	<i>Shan zha</i> , Chin. Hawthorn	X		ChinMed, Ed
<i>Cryptotaenia canadensis</i>	Honewort, Wild Chervil	X	3	Native Ed
<i>Cyathula officinalis</i>	<i>Chuan niu xi</i>	X		ChinMed
Cyclamen	Cyclamen, hardy		3 spring	Orn
<i>Delphinium tricornis</i>	Larkspur, wild			Native wildflower
<i>Dentaria laciniata</i>	Toothwort			Native Ed, wildflower
<i>Dianthus superbus longical.</i>	<i>Qu mai</i>	X		ChinMed, orn
<i>Dicentra canadensis</i>	Squirrel corn		3 spring	Native Med, wildflower
<i>Dioscorea batatas / opposita</i>	Yam, Chinese, <i>shan yao</i>		3	ChinMed: Tonic, Ed
<i>Dioscorea villosa</i>	Yam, wild		3	NativeMed
<i>Dipsacus asperoides</i>	<i>xu duan</i>		3	ChinMed: Tonic
<i>Dipsacus japonicus</i>	Teasel, Chinese, <i>xu duan</i>		3	ChinMed: Tonic
<i>Echinacea purpurea</i>	Echinacea, purple coneflower		3	Med, Orn
<i>Echinacea tennesseensis</i>	Echinacea, Tennessee			NativeMed, Orn
<i>Eclipta alba/prostrata</i>	Eclipta, <i>han lian cao</i>		3 sum'r	ChinMed: Tonic
<i>Eleutherococcus senticosus</i>	Eleuthero, <i>ci wu jia</i>	X		ChinMed: Tonic
<i>Elsholtzia ciliata</i>	<i>Xiang ru</i>		3	ChinMed
<i>Ephedra equisetina</i>	Ephedra, <i>ma huang</i>			ChinMed
<i>Epilobium parviflorum</i>	Willow-herb, small-flow.		3	Med
<i>Epimedium koreanum</i>	Epimedium, <i>yin yang huo</i>		3	ChinMed: Tonic, Orn
<i>Equisetum arvense</i>	Horsetail, field		3	Med
<i>Eryngium campestre</i>	Sea holly			Med, Orn
<i>Erythronium sp.</i>	Trout Lily		3 spring	Native Ed, wildflower
<i>Eupatorium perfoliatum</i>	Boneset	X		NativeMed
<i>Euphorbia helioscopia</i>	sun spurge		3	ChinMed
<i>Euphorbia lathyris</i>	mole plant		3	ChinMed
<i>Filipendula ulmaria</i>	Meadowsweet	X	3	Med, Orn
<i>Foeniculum vulgare atropurpurea</i>	Fennel, bronze			Med, Ed, Orn
<i>Forsythia suspensa</i>	<i>Forsythia lian qiao</i>		4	ChinMed, Orn
<i>Gaultheria procumbens</i>	Wintergreen		3	NativeMed
<i>Geranium maculatum</i>	Geranium, wild		3	NativeMed, Orn
<i>Geranium robertianum</i>	Herb robert		3	Med, Orn
<i>Gingko biloba</i>	<i>Gingko, bai guo</i>			ChinMed, Ed,
<i>Glechoma hederacea</i>	Ground ivy		3	Med
<i>Glechoma longituba</i>	<i>Lian qian cao</i>		3	ChinMed
<i>Grindelia robusta</i>	Gumweed	X		Med
<i>Gynostemma pentaphyllum</i>	'Southern ginseng', <i>jiao gu lan</i>		3	ChinMed: Tonic
<i>Hedeoma pulegioides</i>	American pennyroyal	X	3 sum	Med
<i>Helianthus tuberosus</i>	Sunchoke		3 autum	Ed
<i>Hemerocallis middendorffii esculentum</i>	Daylily, edible		3	Ed, Orn
<i>Heracleum lanatum</i>	Cow Parsnip		3	Native Ed
<i>Heuchera americana</i>	Alum root			NativeMed
<i>Houttynia cordata</i>	Houttynia, <i>yu xing cao</i>		3	ChinMed,
<i>Houttynia cordata variegata</i>	Hot tuna, <i>yu xing cao</i>		3	Chin Med, Orn
<i>Humulus lupulus</i>	Hops			Med, Beer

Hyacinthus non-scriptus	Bluebells, English		3 spring	Orn
Hydrangea arborescens	Hydrangea, wild		3	NativeMed
Hydrastis canadensis	Goldenseal		3	NativeMed
Hydrophyllum canadense	Waterleaf, indian salad		3	NativeEd
Hydrophyllum virginianum	Virginia Waterleaf		3`	Native Ed
Hyssopus officinalis	Hyssop			Med, Orn
Inula helenium	Elecampane		3 spring	Med, Orn
Iris germanica florentina	Orris root			Orn, Fragrance
Isatis tinctoria	Woad, <i>ban lan gen, da qing ye</i>	X		ChinMed, dye
Lactuca virosa	Lettuce, wild / opium		3 spring	Med
Lamium album	Lamium white		3	Med, Orn
Laportea canadensis	Nettle, woods	X	3	NativeEd, Fiber
Lapsana communis	Nipplewort		3	Ed, Med
Leonurus cardiaca	Motherwort	X	3	Med
Leonurus japonicus	<i>yi mu cao</i>	X	3	ChinMed
Leonurus sibirica	Motherwort, Chin., <i>yi mu cao</i>		3	ChinMed
Ligusticum canadense	Boar hog root, Canada lovage	X		NativeMed, Ed, Orn
Ligusticum sinense	<i>gao ben</i>		3	ChinMed
Lilium lancifolium	<i>bai he</i>		3	ChinMed. Orn, Ed
Lilium superbum	Lily, turk's cap	X		Native Orn, Ed
Liriope spicata	Lily turf, <i>mai men dong</i>		3	ChinMed Tonic, Orn
Lithospermum erythrorhizon	<i>zi cao</i>	X		ChinMed
Lobelia inflata	Lobelia, 'indian tobacco'	X	3	NativeMed
Lobelia syphilitica	Lobelia, blue	X		NativeMed, Orn
Lophatherum gracile	<i>dan zhu ye</i>	X		ChinMed
Lycium chinense	Wolfberry, <i>gou qi zi</i>		4	ChinMed, Ed
Lycopus lucidus	<i>Ze lan</i>		3	ChinMed
Lycopus virginicus	Bugleweed		3	NativeMed
Maianthemum canadense	Lily of the Valley, False			Wildflower
Malva sylvestris	Mallow	X	3	Ed,
Malva verticulata	Mallow	X	3	Ed
Marrubium vulgare	Horehound	X		Med
Matteucia pennsylvanica	Ostrich fern		3	NativeEd, Orn
Medeola virginiana	Cucumber root	X	3	NativeEd
Melissa officinalis aurea	Lemon balm, golden		3	Med, Orn
Mentha haplocalyx	Mint, Chinese, <i>bo he</i>		3	ChinMed
Mentha piperita	Peppermint		3	Med, Tea
Mentha pulegium	Pennyroyal, english		3	Med
Mitchella repens	Partridge berry		3	NativeMed, Orn
Monarda didyma	Bee balm, bergamot		3	NativeMed, Orn
Monarda fistulosa	Bergamot, wild			NativeMed
Myrrhis odorata	Sweet cicely, true		3	Ed, Orn
Nepeta cataria	Catnip	X		Med
Nicotiana rustica	Tobacco, native	X	3 sum	Sacred
Oenanthe javanica	Water celery			Ed
Orychophragmus violaceus	Mongol mustard	X	3 spring autumn	Ed, Orn
Osmorrhiza longistylis	Anise root	X		Native Ed
Ophiopogon japonicus	<i>Mai men dong</i>		3	ChinMed: tonic
Paeonia lactiflora	Peony, <i>bai shao</i>			ChinMed:Tonic, Orn

<i>Panax quinquefolius</i>	Ginseng, Amer, <i>xi yang shen</i>			NativeMed: Tonic
<i>Papaver somniferum</i>	Poppy	X		Ed, Med, Orn
<i>Patrinia scabiosaefolia</i>	<i>bai jiang cao</i>	X		ChinMed, Orn
<i>Perilla frutescens purpurea</i>	<i>Zi su ye</i>	X	\$3 sum	ChinMed
<i>Petasites japonicus</i>	Fuki, Butterbur		3 spring	Ed
<i>Peucedanum ostruthianum</i>	Masterwort			Med, Orn
<i>Phacelia bipinnatifida</i>	Phacelia, blue			Wildflower
<i>Phalaris arundinacea</i>	Canary grass – DMT strain			Magical
<i>Phlox stolonifera</i>	Phlox, running		3	Wildflower
<i>Phragmites communis</i>	Reed, common, <i>lu gen</i>			ChinMed, craft
<i>Phyllostachys aureosulcata</i>	Bamboo, yellow-groove			Ed, Orn, Craft
<i>Phytolacca acinos esculenta</i>	Poke, Asian, <i>shang lu</i>	X		ChinMed, Ed, Orn
<i>Pinellia ternata</i>	Pinellia, <i>ban xia</i>		3	ChinMed
<i>Platycodon grandiflorum</i>	Balloon flower, <i>jie geng</i>	X	4	ChinMed, Ed, Orn
<i>Podophyllum peltatum</i>	Mayapple		3	NativeMed
<i>Polemonium</i>	Jacob's ladder			NativeMed, Orn
<i>Polygonatum commutatum</i>	Solomon's seal, giant	X	3	NativeEd, Med, Orn
<i>Polygonatum kingianum</i>	<i>Huang jing</i>	X	3	ChinMed
<i>Polgonatum odoratum varieg</i>	<i>Yu zhu</i>		3	ChinMed
<i>Polygonum multiflorum</i>	Fo-ti, <i>he shou wu</i>		3	ChinMed: Tonic
<i>Polygonum tinctorum</i>	Indigo Japanese, <i>da qing ye</i>	X		Dye, ChinMed
<i>Poncirus trifoliata</i>	Hardy citrus, <i>gou ju zhi ke</i>	X	5	ChinMed
<i>Primula japonica</i>	Primrose, bog			Orn
<i>Primula veris</i>	Primrose, medicinal		3	Med, Orn
<i>Prunella vulgaris</i>	Heal all, self-heal <i>xia ku cao</i>	X	3	Med, ChinMed
<i>Pueraria lobata</i>	Kudzu, <i>ge gen</i>			ChinMed, Ed, Fiber
<i>Pulmonaria officinalis</i>	Lungwort		3	Med, Orn
<i>Rehmannia glutinosa</i>	Rehmannia, <i>di huang</i>		3	ChinMed: Tonic
<i>Rheum palmatum tanguticum</i>	Rhubarb, medicinal, <i>da huang</i>	X		ChinMed, Orn
<i>Ribes nigrum</i>	Black currant			Ed, Med
<i>Ribes uva-crispa</i>	Gooseberry			Ed
<i>Rosa rugosa</i>	<i>Meigui hua</i>		3	Med, Orn
<i>Rosmarinus officinalis 'Arp'</i>	Rosemary, hardy			Med, Ed, Orn
<i>Rubia cordifolia</i>	Madder, Indian, <i>qian cao</i>		3	ChinMed, Dye
<i>Rubia tinctorum</i>	Madder		3	Dye
<i>Rubus phoenicolasius</i>	Wineberry		3	Ed, Orn, Med
<i>Rudbeckia laciniata</i>	Sho-chen, coneflower	X	3	NativeEd, Orn
<i>Rumex acetosa</i>	Sorrel, garden			Ed
<i>Rumex acetosella</i>	Sheep sorrel		3	Ed, Med
<i>Rumex crispus</i>	Yellow dock		3	Med, Ed
<i>Rumex patientia</i>	Patience dock	X	3	Ed
<i>Sagittaria latifolia</i>	Wapato, arrowhead	X	3	Ed
<i>Salix purpurea</i>	Willow, basket		3	Craft
<i>Salvia miltiorrhiza</i>	<i>Dan shen</i>	X	4	ChinMede, Orn
<i>Sambucus Canadensis</i>	Elderberry	X	4	Med, Ed
<i>Sanguinaria canadensis</i>	Bloodroot		3 spring	NativeMed, Orn
<i>Sanguisorba officinalis</i>	Burnet, <i>di yu</i>	X		ChinMed
<i>Saponaria officinalis</i>	Soapwort, double-flowered		3	Med, Orn, Soap
<i>Schizandra chinensis</i>	Schizandra, <i>wu wei zi</i>			ChinMed: Tonic

Schizonepeta tenuifolia	<i>Jing jie</i>	X		ChinMed
Scrophularia marilandica	Figwort		\$3	Med
Scrophularia ningpoensis	<i>xuan shen</i>	X		Chin Med
Scutellaria baicalensis	<i>huang qin</i> , Baikal scullcap	X		ChinMed, Orn
Scutellaria barbata	<i>Ban zhi lian</i>	X	3	ChinMed
Scutellaria lateriflora	Skullcap, mad dog	X	3	NativeMed
Sedum sarmentosum	<i>Chui pen cao</i>		3	ChinMed
Selaginella uncinata	Peacock moss		3	Orn
Semiaquilegia adoxioides	<i>Tian kui</i>	X		ChinMed
Senecio aureus	Liferoot		3	Native Med, wildflower
Sida rhombifolia	Sida			Med
Siegesbeckia orientalis	<i>Xi xian cao</i>		3 sum	ChinMed
Sophora flavescens	<i>Ku shen</i>	X	4 spring	ChinMed
Smilax rotundifolia	Smilax, greenbrier		3	Ed, Med
Stachys affinis	Artichoke, Japanese; <i>croshes</i>		3	Ed
Stachys officinalis	Wood betony, European	X		Med
Stylophorum diphyllum	Celandine, Amer. wood poppy		3	NativeMed, wildflower
Symphytum officinalis	Comfrey, official		3	Med
Symphytum x uplandicum	Comfrey, Russian		3	Med
Talinum paniculatum	Fame flower, <i>tu ren shen</i>	X	3	ChinMed: Tonic
Tanacetum parthenium	Feverfew	X	3	Med
Thalictrum thalictroides	Meadow rue	X		Wildflower
Thuja (Biota) orientalis	Arborvitae, oriental, <i>bai zi ren</i>			ChinMed, Orn
Thymus vulgaris	Thyme			Ed, Med, Orn
Tradescantia virginiana	Spiderwort		3	Native Ed, wildflower
Trichocereus pachinoi	San Pedro			Magical
Trichosanthes kirilowii	<i>Tian hua fen, gua luo</i>	X	3	ChinMed
Trillium erectum	Trillium, birthroot			NativeMed, Orn
Tussilago farfara	Coltsfoot, <i>kuan dong hua</i>		3	Med, ChinMed
Typhonium giganteum	Typhonium, <i>bai fu zi</i>		3 sum	ChinMed, Orn
Ulmus rubra	Slippery elm			NativeMed
Urtica dioica	Nettle, stinging	X	3	Med, Ed, Fiber
Valeriana officinalis	Valerian		3	Med, Orn
Verbascum thapsus	Mullein	X	3 spring	Med
Verbena officinalis	Vervain, <i>ma bian cao</i>			Med, ChinMed
Veronica officinalis	Veronica		3	Med
Veronicastrum virginicum	Culver's root			NativeMed
Viburnum opulus	Cramp bark, European	X		Med, Ed, Orn
Viburnum prunifolium	Cramp bark, American	X		Med, Ed, Orn
Viola tricolor	Heart's ease		3	Med, Orn
Viola yedoensis	<i>Zi hua di ding</i>		3	ChinMed, Ed
Wasabia japonica	Wasabi		5	Ed, Med
Withania somniferum	Ashwaganda	X		Med: Tonic
Xanthorrhiza simplicissima	Yellowroot	X	3	NativeMed
Yucca filimentosa	Yucca	X		Native orn, craft
Zanthoxylum piperitum	Szechuan pepper			Ed, Orn, ChinMed
Zizyphus jujube	Chinese date, <i>da zao</i>	X		Ed, ChinMed
Zizyphus jujube v. spinosa	<i>Suan zao ren</i>			ChinMed